



Why Do Life's Small Moments Matter?

Episode 3
with Leah

READ

- Luke 19:11-26
- Matthew 13:31-32
- Luke 16:10
- Zechariah 4:10

REFLECT

- What are the small moments or aspects in your life that have unknowingly made you who you are, that you haven't recognized enough or at all?
- Who are the people who have shaped who you are in the little, every day ways?

REST

- Close your eyes and thank God for all of the small, seemingly mundane things that you are grateful for.

REACT

- Seek out and keep a running list of the things that you recognize that make your days, yourself, and other people better.
- Write down, and speak out loud, the ways that your life carries importance and purpose, not comparing yourself to anyone else.